

Seldovia Village Tribe

P.O. Drawer L, Seldovia, Ak 99663~Phone: (907) 234-7898, Fax: (907) 234-7865

Email: svt@svt.org, Website: www.svt.org.

A Quarterly Newsletter

Volume 17: Number 1 January 2010

Winter Ice Cleats

Watch your step be
safe on the ice.

Page 2

SVT Environmental Office

Light bulb exchange
Page 2

SVT Food Distribution Program

for households residing
in the Seldovia area.
Page 3

Housing Dept.

Weatherization pro-
gram still available.

Page 3

Tribal Marine Science Workshop

May 12-19 2010
Contact Michael
Opheim

Page 4

SVT Health Center

~Seldovia Side~
~Homer Side~

Page 5

Seldovia Bay Ferry



Seldovia Bay Ferry is seeking qualified individuals for 2010 operations. Positions that SBF seeks to fill are:

Master
Mate
Deckhand
Naturalist
Maintenance Supervisor
Maintenance Support
Terminal Agent
Dock Assistant

Please forward qualifications and work experience to:
employment@seldoviabayferry.com

2010 Tribal Council Election Candidates

**Kim Collier
Brittany Elvsaas
Trinket Gallien
Don Kashevaroff**

Seldovia Tribal Council Election Ballots were sent out to all eligible voting members of the Seldovia Village Tribe on January 8, 2010. When your ballot arrives be sure to get it in the mail as soon as possible.

Election Prizes

The Early Bird Prizes for 2010 are **NEW BERRY PRODUCTS**. Return your ballot by January 25, 2010 to be included in this drawing.

Prizes are also available to voting members that send in a valid ballot post marked no later than February 5, 2010. Winners will be drawn during the ballot count on February 11, 2010.

\$\$\$Grand Prize\$\$\$

\$500.00

\$\$2ND Prize\$\$

**1 round trip ticket Anch/Hom or
Cash**

3rd Prize

Tribal Jacket

4th Prize

\$100.00

5th Prize

Tribal Vest

6th Prize

Tribal Vest

7th Prize

\$50.00

8th Prize

\$50.00

9th Prize

**Alaska Pure Berry
Products**

10th Prize

\$25.00



Tribal Members should be receiving their US Census forms in the mail soon. When they arrive be sure to fill them out for all of the members of your household. One of the main questions of importance is question number 9. Ethnicity- Tribal Members are encouraged to mark Native American/Alaska Native as primary ethnicity. Tribal Affiliation will follow on question 9 and for SVT Members, Seldovia Village Tribe would be the correct answer for that portion. *Census continued on pg 2*

Program Updates:

Seldovia Village Tribe proudly serving our people since 1981

U.S. Census 2010

Seldovia Village Tribe has designated Trinket Gallien as their 2010 US Census Liaison. If you have questions on filling out your Census form feel free to contact her at (907) 435-3248.



IT'S IN OUR HANDS

*It's Easy ~It's Safe
~It's Important*

*Interested in receiving a Tribal Census
Sweatshirt?*



To promote 2010 U.S. Census SVT is giving away sweatshirts to anyone willing to call or email SVT's Census Liaison with why it is important to fill out the U.S. Census. tgallien@svt.org. *First call first serve sweatshirts are limited.*

Winter Ice Cleats

SVT's Injury Prevention department has 4 types of Ice Cleats for sale. Velcro Toe Stabilizers \$40, Sports Jogger Stabilizers \$30, Stabilizers Lite \$18 and Stabilizers Overshoes \$70. Extra replacement cleats are available by the bag. To purchase contact Alix Chartier IP/EMS at 435-3250.





Homer Electric Association, in partnership with Seldovia Village Tribe, is pleased to announce:

KICK in CAN

What is it?

A program bringing energy use savings, and environmental benefits, to rural Alaska communities.

How do I participate?

Just stop by the Environmental Coordinator (Michael Opheim)'s Office at SVT (during the hours of 9:00 am to 5:00 pm, M-F) with your old incandescent and/or compact fluorescent

light (CFL) bulbs *You will be traded with new, Spring Light (Energy Star) 14 Watt CFL bulbs (the equivalent of 60 Watt Incandescent light bulbs) *Limit of five Spring Light bulbs per household

**Why should you trade up?
Because**

It's FREE! *It will save you lots of money!!! Each Energy Star CFL bulb will save you about \$55 dollars on your electric bill over it's lifetime since they use 75% percent less energy than an incandescent bulb. *CFL bulbs last 10 times longer than incandescent bulbs. *Less mercury will be put in our community and the environment.*For each incandescent bulb you replace, you will reduce green house emissions (CO₂) from your household by 667 pounds (over the bulb's lifetime).

**SO COME TRADE IN THOSE
OLD LIGHT BULBS AND GO
GREEN!!!**

Need more information?

Please call or e-mail SVT's Environmental Coordinator, Michael Opheim (907)-435-3247 or mopheim@svt.org, or Environmental Assistant, Tracie Merrill (907)-234-7898 ext. 236 or tmerrill@svt.org with questions.

SVT Food Distribution Program

The Food Distribution Program is a federal program that provides commodity foods to low income Native American and non-Native households residing on or around an Alaska Native Tribal Village. Eligible households are certified based on income and resource standards set by the federal government and must be re-certified at least every 12 months.

What Foods Does the Program Offer?

Each month participating households receive a food package to help them maintain a nutritionally balanced diet. Participants may select from over 70 products including: *Canned meats, poultry, and fish *Canned fruits and vegetables *Canned soups, spaghetti sauce *Macaroni & Cheese, pastas, cereals, rice, and other grains *Cheese, egg mix, nonfat dry or evaporated milk *Flour, cornmeal, bakery mix, reduced sodium crackers *Low-Fat refried beans, dried beans, instant potatoes *Canned juices and dried fruit *Peanuts, Peanut butter, and much more.

How do I Apply?

Applications for the SVT Food Distribution Program are available from Debbie Hecks, set an appointment by calling 435-3255 Monday-Friday.



Housing Department

Just a New Year's reminder

Tribal Housing can help with HUD sponsored renovations, weatherization, student housing costs, emergency rental expenses and some first time home purchase expenses. These programs are for qualified Native Americans. Income levels, for program qualifications have been rising, so you

may want to check. We also have information on housing loans and application procedures.

The State of Alaska's generous weatherization program is funded through 2011. We have applications for that program, or you can go online and find them at the Alaska Housing Finance Corporation's site link from the State of Alaska site. Many Seldovians are receiving help from the state's two separate programs; the Rebate Weatherization Program does not have an income limit. Contact Rod Hiltz @ 435-3260.

Tribal Marine Science Workshop

May 12 – 19, 2010

Kasitsna Bay Laboratory, Kachemak Bay,
South Central Alaska

Co-sponsored by the Seldovia Village Tribe and
The Alaska Region Subsistence Branch, Bureau of
Indian Affairs

Please come join us for our **2010 Tribal Marine Science Workshop**, to be held at the NOAA/UAF Kasitsna Bay Laboratory located on the south shore of Kachemak Bay, Alaska. This seven-day intensive workshop is designed for natural resource specialists in Alaska Tribes and Native organizations who have an interest in marine sciences, and/or who have responsibilities for managing marine resources adjacent to their communities. The Kasitsna Bay Lab was recently renovated and is now a modern facility, which includes excellent housing, teaching, and research facilities.

There are NO fees associated with this workshop. Once you arrive in Homer, Alaska, all costs for lodging, meals, local transportation to and from Homer to Kasitsna Bay, field excursions, books, and instruction during the course will be covered.

(Please note that travel costs to Homer, including any overnight stays en route to Kasitsna Bay, will be the responsibility of each participant. Please also plan on arriving in Homer by the afternoon of 5/11/10, in time for the 4:30 pm departure of the charter boat that will transport you to the Lab; the boat will then take passengers back to Homer by 9:30 am on the morning of 5/19/10).

Our program will incorporate classroom lectures and many field trips to the highly-productive and diverse habitats of Kachemak Bay. So as to make the course most pertinent to the needs of Alaska's Tribes, **we are seeking additional input on topics that you would like to have presented at our workshop.** Currently, our agenda tentatively includes presentations on traditional knowledge and uses of marine resources; the ecology of marine plants, invertebrates, fish, and marine mammal species commonly used for subsistence by Alaska Natives; testing for paralytic shellfish poisoning; and concepts of physical oceanography which may be important for monitoring conditions in the marine environment that affect Alaska's coastal communities.

If you are interested in attending the Tribal Marine Science Workshop, and/or would like to provide input on potential marine science course topics that are of particular importance to your Tribe, please contact:

Michael Opheim,
mopheim@svt.org; phone
(907) 435-3247





SVT Health Center New Doctor

SVT Health Center welcomes a physician. Dr. Margit Sheinmel recently relocated to Homer to become SVT Health Center's permanent provider. Dr. Sheinmel studied medicine at Nova Southeastern University's College of Osteopathic Medicine in Fort Lauderdale, Florida. She completed her residency at the Christina Care Hospital in Wilmington, Delaware in the Family Medicine Program. Prior to joining SVT Health Center, Dr. Sheinmel practiced at the Westside Family Healthcare, providing adult, prenatal and pediatric primary care. In 2005, she was part of the Hurricane Katrina relief effort in Vidalia, LA. Dr. Sheinmel is available for appointments from Monday to Friday.

SVT Health Center Seldovia Side

Providers:

Donna Fenske, APRN-C
Family Nurse Practitioner

Sue Christensen, PA-C
Physician Assistant

**Available for patient appointments:
Every Monday and Tuesday unless
otherwise posted.**

Phone: (907) 435-3262
206 Main Street
Seldovia, Alaska 99663



SVT Health Center New Dental Hygienist.

Angela Duke. Angela has joined our Dental Team as a part time hygienist. She has been working in the Dental field for the past 12 years and has been a certified hygienist for six years. She is originally from Eagle River, but spent the past decade in Arizona. Her husband was originally from Homer. They are delighted to be back in Alaska and living in Homer. Her hobbies include pilates and baking.

SVT Dental Services

Provider:

2 2222 2222222222 2 2

2222222 222

Dental Hygienist

Health Center Hours
Monday-Friday 9am-5pm

Phone: (907) 226-2311

**“COMPASSIONATE
CARE FOR OUR
COMMUNITY”**



SVT Health Center New Registered Nurse

Cindy Halverson, RN: Cindy began work at the Homer Clinic earlier this month. She moved to Homer in November from Wasilla where she was employed at Mat Su Regional Hospital. Cindy is originally from Missouri. She spent a year in Nepal following high school before attending college. She holds an Associate's degree in Nursing. Cindy and her fiance Luke enjoy hiking and other outdoor activities.

SVTH ealthC enter Homer Side

Providers:

Margit Sheinmel OD

Melissa Bunker
Family Nurse Practitioner

Cindy Halverson
Registered Nurse

Health Center Hours
Monday-Friday 9am-5pm

Phone: (907) 226-2228
880 East End Road
Homer, Alaska 99603



The screenshot shows the Seldovia Village Tribe website. At the top, there's a navigation bar with links: Contact, About SVT, Careers, SVT Members, and a View Slide Show button. The main header features a logo on the left and a large image of a puffin on the right. The title 'Seldovia Village Tribe' is prominently displayed, followed by the tagline 'Tradition Integrated with Technology'. Below the header, there's a sidebar with a 'Home' button and a list of links: Our Story, SVT Health Center, Alaska Pure Berry Products, Seldovia Conference Center, Seldovia Bay Ferry, Community Programs, Calendar of Events, and Contact. The main content area has a 'Cam'ail!' section with a large image of a puffin. Below this, there's a 'What's New at SVT' section with several bullet points. At the bottom, there's a gallery of small images and a copyright notice.

Contact | About SVT | Careers | SVT Members | [View Slide Show]

Seldovia Village Tribe

Tradition Integrated with Technology

[Home](#) [Cam'ail!](#)

[Our Story](#)
[SVT Health Center](#)
[Alaska Pure Berry Products](#)
[Seldovia Conference Center](#)
[Seldovia Bay Ferry](#)
[Community Programs](#)
[Calendar of Events](#)
[Contact](#)

Seldovia Village Tribe has a unique history. We are a blend of several native heritages including Aleut, Yupik, Alu'utiq and Athabaskan peoples. Seldovia Bay's geographic location as the boundary between the ancient Alu'utiqs and Athabaskans, and the actions of nineteenth century Russian Americans created the blend. From the 1850's Russian traders moved Aleuts and Alu'utiqs from their homelands to a new fur buying/trading post established at Seldovia Bay. Following the American purchase of Alaska the official Russians moved out. Additional native peoples and northern Europeans came to Seldovia drawn by the rich marine resources. In the following hundred years, the native peoples of Seldovia coalesced into one united Tribe always led by one accepted leader. This blending of distinct Alaskan cultures resulted in unique strengths demonstrated by Seldovia Village Tribe today and evident by the number of its members who have filled leadership positions in the Alaska Native Village and Regional Corporations and the Alaska Native Health Care services.

What's New at SVT

- Join us on Facebook! The Seldovia Village Tribe has a new Facebook group with discussions, photos and news about the Tribe.
- SVT is looking for more information about the historical items in our Interpretive Display and the Display Cases in the Visitors Center. If anyone has stories or information on any of these items we would love to hear about them. Please stop by the Visitors' Center or call Michael at 234-7898 ext.222.
- The **State of Alaska's Weatherization** program is funded through 2011. Residents of Kachemak Bay are encouraged to contact Rod Hilt at (907) 435-3264 for information about how to access State funding for home improvements that lead to greater energy efficiency. Residents of Seldovia are encouraged to stop by SVT offices for application assistance.
- **SVT Health Center** welcomes a new family physician, **Dr. Margit Sheinmel**. Dr. Sheinmel has extensive experience in family and womens health. Book your appointment today by calling the SVT Health Center at (907) 226-2228.
- SVT and the Alaska Region Subsistence Branch of the Bureau of Indian Affairs presents a **Tribal Marine Science Workshop** at the Kasitsna Bay Laboratory in Kachemak Bay. This workshop will run from May 12-19. More information is available at 234-7898 ext.222.
- Does quitting smoking top your list of New Year's Resolutions? SVT Health Center can help. Our Tobacco Treatment Specialist can help you **quit the smoking habit for good**. Appointments and information for a smoke-free transition available by calling 226-2228.
- **Blues Guitar Lessons** will be held Tuesday and Friday evenings at 6:00 p.m. at the Boys & Girls Club. Call Rob at 234-7898 ext 241 or just show up!

Scenes from Seldovia © by Don Kashevaroff - click to enlarge
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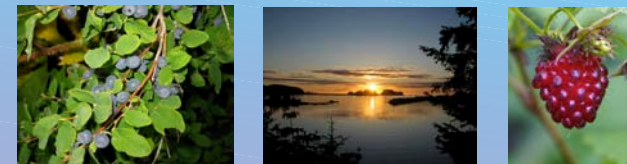
Website © Seldovia Village Tribe 2010

Check us out on the web at www.svt.org

The Seldovia Village Tribe has created a new look for our website. Comments, ideas, along with other issues can be sent to the webmaster Sarah Richardson, srichardson@svt.org.

Join us on Facebook

Type in Seldovia Village Tribe under search to find



A Big Thank YOU to website photo contributors: Don Kashevaroff, Darlene Crawford, Michael Opheim, Crystal Collier, and Brad Walker.

Seldovia Village Tribe-add the group.

Email Address Drawing.

Send us an email to svt@svt.org with your email address and be en-

tered into a drawing for an Alaska Pure Berry Gift Pack & Fudge. In your email indicate if you would like to receive your Newsletter or other Tribal information via email.

Share Your Pictures

If anyone would like to share old photo's of Seldovia or your family, scan and email or you may send photos to be scanned and returned to you when complete.

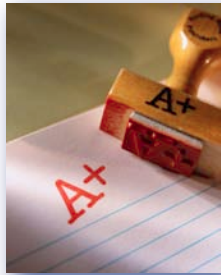




SVT Scholarships, Applications Available

It's that time of year again already, Scholarship applications are available. To be eligible for a Tribal Scholarship you must be **enrolled** in the Seldovia Village Tribe.

SVT Achievement & Student Exchange Scholarships deadline is May 1, 2010. To obtain an application visit our website: www.svt.org or contact Trinket Gallien, (907) 234-7898 ext. 223.



Elderly Dinner's Return

SVT's Senior Meal program has been through some great changes. Starting in January, lunches have been discontinued over at Lakeside Terrace/Seldovia House with the option to have meals at the City of Seldovia Lunches, Monday-Wednesday-Friday. All of SVT's equipment is being moved out of Lakeside at our Alaska Tribal Cache building. ***Suggested donation \$4 and \$8 for guests.***

Starting February 4, 2010 Dinner's will begin on a bi-weekly basis. A schedule has been sent out to all participants in the Seldovia Area. Dinner will begin at 6PM Tuesdays and Thursdays unless otherwise stated. Meals will be served at the Seldovia Conference Center. Rides will be available for those who do not have transportation available.

SVT's Senior Citizen Program also has a chore person available for small household chores. Such as the following:

- Vacuum and dust.
- Clean kitchen
- Clean the bathroom.
- Wash walls as needed along with any other heavy duty cleaning that the person is unable to do themselves such as cleaning the oven

Seniors interested in this service feel free to call 435-3248 and make arrangements. SVT welcomes any comments, concerns, and/or ideas to make this program the best we can offer our elders.

SVT would like to THANK Cook Inlet Housing Authority for the many years of sharing space at Lakeside Terrace.

