

Seldovia Village Tribe

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A Quarterly Newsletter

Volume 16: Number 5 October 2009

EPA Office Tip

If you have an idea please feel free to share with us.

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Fire Safe

Chimney Brushes free for use...

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TERO

Job listings on back page.

SVT Food

Distribution Program

is a program that provides commodity to low-income Seldovians.

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Energy Assistance

Applications are now available at the SVT Admin offices.

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SVT Health Center

"Compassionate Care For Our Community.

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2009 Open Enrollment

Seldovia Village Tribe's Open Enrollment closed September 1st for 2009. The Seldovia Village Tribal Council met September 24, 2009 and approved the Enrollment applications for 2009.

A BIG WELCOME to the following new members:

Henry Barnett III, Olivia Canadine, Elizabeth Canadine, Isabelle Canadine, Tobyn Cochran, Anna Cochran, Davis Cochran, Kate Cochran, Jaden Faust, Adele Faust, Christopher Miller, Kendra Moonin, Victoria Ogle, Ralph Stover.

New members should be receiving a Tribal Enrollment card in the mail. If you have not received a Tribal card Please contact our offices as soon as possible.

If any Tribal member has misplaced or need corrections made to Enrollment cards feel free to contact Trinet Gallien, Enrollment Clerk at the Tribal Offices (907) 234-7898 ext. 223 for a new card.

October Breast Cancer Awareness Month.

National Breast Cancer Awareness Month educates women about the importance of early detection.

More and more women are getting mammograms to detect breast cancer in its earliest stages. As a result, breast cancer deaths are on the decline. Encourage the women in your life to get mammograms on a regular basis.



English Garden Tea

Seldovia Village Tribe Health Center in cooperation with South Peninsula Hospital, sponsored for the second year an English Garden Tea. This Tea was designed to raise the awareness of breast cancer and benefits American Cancer Society for Homer and area women to travel back and forth to Anchorage for breast cancer-related treatment.

Dr. Jeffrey Quam of SPH's radiology department and Melany Cueva, adult education research specialist for Alaska Native Medical Center in Anchorage were guest speakers.

18 one of a kind hats were modeled by various SVTHC employees, while Marie Walker, fashion coordinator described each hat. Auctioneer Alex Kaye rallied the hats and also the fantastic ribbon of hope bra made by Emiley Sue Faris. This item went for \$100 and has been donated to Dr. Quam's radiology department at SPH to remind patients the importance of breast exams.

More than \$1,500 was made during the event for the cause.

A Huge THANK YOU goes out to Emiley Sue Faris and Sarah Richardson for making this event happen.



Emiley Sue Faris, modeling her Ribbons of Hope.



Rachel, Michael, Bree, and Heidi Ballard Bree's professor pose in front of Oak trees at Penn Center.

Environmental Office Goes Coastal.

As some might know this summer we had Bree Murphy (college student) here in Seldovia working with the Tribe on her Masters project. The collaborative effort was focused on Culture Camps and seeing how Traditional Knowledge and Western Science worked together. We had 3 students who helped interview their peers at the Culture Camp held at Red Mountain. They also put together a nice poster and an article for the Newsletter. In September after the data had been collected there was a workshop for CFERP students held in St. Helena Island, South Carolina. Bree and Michael were asked to attend and give a presentation on their findings up to then. Michael's niece Rachel Payton who was a past participant of Culture Camp was asked to go along so she could give her thoughts and opinions on her experiences at Culture Camp and also to have a bit of a college experience and see what other kids are doing. Several group breakouts were held in between the presentations to help everyone get ideas and direction on what might help them in their work with their partners and their reporting techniques. The workshop was held at Penn Center the site of one of the country's first schools for freed slaves

and one of the most significant African American historical and cultural institutions in existence today. Many of the buildings were from the 1800's with huge moss draped oak trees around them. We were also able to learn a bit about the Gullah Nation and try some of the local foods. On the last day at the Penn Center we were able to take a trip with some of the other participants and go to the beach and see the Atlantic Ocean. It was a great learning experience for all involved and let us know that some of the same things we work on here in Seldovia are worked on in other communities in other states.

Michael Opheim

Michael and Bree presenting at Penn Center, St. Helen Island SC.



Chimney Brushes for Use.

October is also a good time to sweep the Chimney. With winter on it's way, woodstoves will be used to heat our homes. Seldovia Village Tribe has Chimney brushes available for free use. Contact Alix Chartier at the SVT offices, (907) 234-7898 ext. 225.



Food Distribution Program

Seldovia Village Tribe's Food Distribution Program is a federal program that provides commodity foods to low-income Native American and non-Native households residing in the Seldovia area.

Each month participating households receive a food package to help them maintain a nutritionally balanced diet. Participants may select from over 70 products.

Applications for this program are available at the SVT Admin Office from Debbie Hecks CHR (907) 234-7898 x. 230

Energy Assistance 2009

Seldovia Village Tribe has applications for 2009 Energy Assistance. Those Native households residing in the Seldovia area that are having trouble meeting their heating bills this winter are welcome to apply. For an application contact Debbie Hecks @ 234-7898 ext. 230 or come to the Administrative Offices Monday-Friday 9am-5pm.



SVT's IT Director

My name is Gregg Brown and I am the first Information Technology Director for Seldovia Village Tribe. I have been working in IT for the past 19 years, most recently as the IT Manager at South Peninsula Hospital. I've come to SVT somewhat by accident, as I was not looking for another job at the time I applied for my position. Since I had worked in tribal organizations for most of the past decade, I was interested in returning to a tribal operation. When I saw what SVT was doing and heard President/CEO Crystal Collier say the magic words that SVT was interested in being a model for the rest of the state and developing systems of excellence, I knew that I had to come and work here.

I grew up in Upper Michigan and came to Alaska in 1996 to escape the harsh weather conditions of the U.P. During my time in Alaska, I have had the chance to travel Alaska extensively, working in the Southeast, the Southwest, the Interior and the Aleutian/Pribilof Islands. My wife and I own a home in Wasilla, but have not lived there for several years and are grateful to have long-term tenants.

Right now, I'm working on getting the basics of our IT infrastructure in order. As our health operations move to a fully functioning Electronic Health Record, it is important that our technology works--all of the time. I am

working on the simple, but difficult to build, goal of making all information, data and applications available to anyone in the organization, anywhere they are in a secure manner. I'm also beginning the implementation of work of implementing our Electronic Health Record.

When I'm not exploring and learning about IT, I have a full life with my wife Sarah and dog Silky in Homer. I enjoy cooking, fishing and discovering new things about Alaska. I am also struggling to get a book I am writing completed. My wife and I are committed Disney fan(atic)s and spend one to two weeks at Disney World each year.



Chief Financial Officer

Bruce Ginsburg graduated in 1986 From University of Nebraska at Omaha Major in Business Finance, undeclared minors in Accounting, Banking and Psychology. Passed Uniform CPA Exam in November 1986 on first attempt. Worked in public accounting focusing on SID (Sanitary Improvement District) audits, Corporate review and audits, and some Estate and Tax planning. I was a comptroller, CFO or treasurer in such diverse industries as insurance brokerage, warehousing and trucking, retail sales and inventory, animal health products, and mail order/fulfillment companies. Most recently, I worked in Bush Alaska as comptroller for a 16 bed critical access hospital overseeing and training staff in all aspects of accounting and directing the investment

of short-term capital ensuring availability and safety of funds for the facility.



SVT's Grant Writer

My name is Loretta Smith and I and my family (my husband, Jeff and my Maine Coon cat 'Sweet Pea') moved from Fairbanks to proudly become SVT's Grant Writer. As background, since 1980, I have worked as an independent Consultant, throughout Alaska and the Pacific Northwest as a Grants Writer / Manager / and an Instructor. My work with program development and helping bring much needed funding to worthy causes is exciting and pleasing for me... even more so being able to center my skills and expertise.

Winston Churchill said... *"We make a living by what we get... we make a life by what we give"*. To me it is a blessing when we can do both... SVT is just such an opportunity for me... *to give and to get!*

Being hired by SVT fulfills a heart's desire for me... to be part of an organization with demonstrated integrity and commitment to excellence in public service. Moving to Seldovia also has fulfilled dreams. I have always wanted to be part of a community where *everyone* made a difference and especially to live where I could pull my dinner up out of the sea and not just at Safeway!

I'm still pinching myself to see if I'll wake up from this dream of moving to Seldovia. Thank you all very much, Loretta Smith



Lilli Ohse

Prevention Coordinator

Raised in Eugene, Oregon in the '50s, Seldovia feels like a return "home". Schooled in San Diego, CA, I became the first San Diego County Deputy Sheriff to work a 24 hour undercover assignment and one of the first wave of women sent to work patrol. After receiving my Masters in Counseling Psych (and missing those evergreens), I moved to Seattle, WA and worked at King County Adult Detention as an Inmate Services Specialist/ Corrections Sergeant. Tired of the negative aspects of jail work, I left for a bit to work with primates including a very special gorilla girl who speaks sign language and hugs kittens. In 1995, I came north to Alaska working as a co-occurring disorders clinician in Juneau, Kenai, Mat-su and also for the State of Alaska as an Adult Probation/Parole Officer, Foster Care Licensing Specialist and Kenai, Kodiak & Barrow Districts' Juvenile Probation Supervisor. To balance my life, I married Bruce Flint (my dogs introduced us on a hiking trail in Ketchikan) and studied for my PhD in Clinical Psychology. Last month in Barrow, I'd had enough of justice work; retired from the State of Alaska and joined the great team at the Seldovia Village Tribe and now live "out the road"! LOVE Seldovia!



Prevention Activity Assistant

Welcome to Rob Rurka SVT's new Prevention Activity Assistant. Rob has owned a cabin in Seldovia for over 12 years, has made Seldovia his home for the past 2 1/2 years. Many of you may know Rob from working with the Boys and Girls Club of Seldovia. In an interview earlier this fall Rob had this to say. "Along with the change in the season I have a change in jobs, but many things will remain as I continue working with the youth of Seldovia and the rest of the community through music, martial arts and other activities. I'm looking forward to new partnerships within the community of Seldovia and other outside organizations. See you around, and don't hesitate to give me come input or ideas that you may have." Rob Rurka can be reached at 234-7898 ext. 231 or email him at rurka@svt.org.

Alaska Tribal Cache

Gift Store hours Mon-Fri 10AM-5PM. Come in and do some Holiday shopping. ATC will be featuring it's fancy fudge. If interested in ordering products call 1-800-270-7810 ext. 257.

HAPPY HOLIDAYS

SVT Health Center Seldovia Side

Providers:
Donna Fenske, APRN-C
Family Nurse Practitioner

Sue Christensen, PA-C
Physician Assistant

**Available for patient appointments:
Every Monday and Tuesday unless
otherwise posted.**

Phone: (907) 435-3262
206 Main Street
Seldovia, Alaska 99663

SVT Health Center Homer Side

Providers:
Melissa Bunker
Family Nurse Practitioner

Mary Anne Wilson ANP
Family Nurse Practitioner

Health Center Hours
Monday-Friday 9am-5pm

Phone: (907) 226-2228
880 East End Road
Homer, Alaska 99603

SVT Dental Services

Provider:
Bill Richardson DDS

Health Center Hours
Monday-Friday 9am-5pm

Phone: (907) 226-2311



Pop out of pan onto wire rack for cooling.

Highly Recommend using Alaska Pure Berry Low Bush Cranberry Sauce.

Great for breakfast or a quick afternoon snack.

Job Opportunities

Homer Alaska

**Registered Nurse
Medical Assistant
Registered Dental Hygienist**

Seldovia Alaska

**Senior Meals Coordinator
Senior Meals Assistant**

To receive a full job description or submit a resume', contact Shirley Hurley, Human Resources 907-435-3267 Email: shurley@svt.org

Cranberry Mini-Muffins

Honeybee Nordenson Original Recipe

3 cups flour
1 cup sugar
1 tablespoon baking powder
1 tsp salt
1/2 tablespoon cinnamon
1/2 cup olive oil
3 eggs
2 tablespoons vanilla
1 tablespoon lemon extract
1.5 cups evap milk
8 oz AKPB low bush cranberry sauce
Streusel Topping
2 cups brown sugar
2 tablespoons cinnamon
1/4 cup butter

Grease mini-muffin pan, set aside
Stir together flour, sugar, baking powder, salt and cinnamon save a side in bowl.

Combine eggs, milk oil, vanilla and lemon extract beating with whip. Add cranberry sauce beating with whip.

Add milk mixture to flour mixture and whip together.

Spoon batter into prepared mini-muffin pan, about 1/2-1 tablespoon in each muffin cup.

Streusel Topping

Mix brown sugar, 2 tablespoons cinnamon and butter together until crumbly. Sprinkle on each muffin before baking.

Bake at 400 degrees for 10 minutes.



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