

# Seldovia Village Tribe

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A Quarterly Newsletter

Volume 15: Number 5 October 2008

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If you have an idea please feel free to share with us.

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## 2008 Open Enrollment

Seldovia Village Tribe's Open Enrollment closed September 1st for 2008. The Seldovia Village Tribal Council met September 10, 2008 and approved the Enrollment applications for 2008.

**A BIG WELCOME** to the following new members:

Robert Berg, Shaylee Betts, Danielle Betts, Kara Betts, Mercedes Blagg, Nicole Ellis, Joshua Ellis, Darin Gilligan, Kim Hopkins, Brittany Hopkins, Brett Hopkins, Brookelyn Hopkins, Sotiros Karis, Anthony Karis Jr., Vickie Wise, and Annaliese Kashevaroff.

New members should be receiving a Tribal Enrollment card in the mail. If you have not received a Tribal card Please contact our offices as soon as possible.

If any Tribal member has misplaced or need corrections made to Enrollment cards feel free to contact Trinet Gallien, Enrollment Clerk at the Tribal Offices (907) 234-7898 ext. 223 for a new card.

## October Breast Cancer Awareness Month.

National Breast Cancer Awareness Month educates women about the importance of early detection. More and more women are getting mammograms to detect breast cancer in its earliest stages. As a result, breast cancer deaths are on the decline. Encourage the women in your life to get mammograms on a regular basis.



## Changing of the Guard

As of June 1, 2008 Don Kashevaroff stepped down as Seldovia Village Tribe's President due to being newly named Chief Executive Officer of the Alaska Native Health Consortium. The consortium offers statewide services including medical care, water and sanitation, community health and research, distribution of medical supplies, information technology and statewide recruiting for health care services. Don remains an SVT Council Member. SVT would like to congratulate Don in his new CEO position at ANTHC. We would also like

to thank Don Kashevaroff for his many years as SVT's Tribal President.

During Don's time as President he helped SVT secure much of our funding that currently provides the many services we provide our people. Don has been and continues to be a great advocate for Native people of Alaska. *continued on pg 3*



*Don Kashevaroff, Thank you for your time and continued support.*



## Environmental Office Helpful Tip

When traveling away from home for any period of time it is good to unplug those things that use energy even while turned off. Items include your TV, DVD player, satellite receiver, microwave, coffee pot, cell phone charger, and hot water tank. Turning down your thermostat while you are away may help as well. Having timers for your lawn watering and any lights you might want to have come on will also save you money. Either having your paper stopped or donated to a school while you are gone will help conserve both paper and energy.

Michael Opheim

## Chimney Brushes for Use.



**October is also a good time to sweep the Chimney. With winter on it's way, woodstoves will**

**be used to heat homes. Seldovia Village Tribe has Chimney brushes available for use. Contact Alix Chartier at the SVT offices, (907) 234-7898 ext. 225.**

## SVT Personal & Professional Support



**Alene Hidecker, SVT Prevention  
Specialist/Counselor**

Sometimes your life can change entirely with just one word. In March of 2008, I was diagnosed with an aggressive form of Breast Cancer. I want to thank everyone at our SVT Health Center for their keen perception in noticing my situation. I perceived my lump as just a cyst. It is easy to slip into denial and think it is something of a different nature. I cannot express enough the value keeping our annual mammograms. Early detection and the caring actions of these ladies literally saved my life.

After completing several surgeries, radiation treatments and a continuing set of chemotherapy for the next year. I have been able to return to work part time and enjoy the fellowship of the true friendships that have formed for me here, the at the Seldovia Village Tribe Offices in Seldovia and in Homer. I cannot express enough the thankfulness in my heart for the personal and professional support that these ladies and gentlemen have so

unselfishly given. Crystal Collier, Trinket Gallien, Priscilla and Juan Botero, Suse Cushing, Peggy Keesecker, Debbie Hecks, Alix Chartier, Donna Fenske, Tina Yuth, Lowell Suydam, Nancy Opheim, Michael Opheim, Marcia Patrick, Rod Hiltz, Tamara Bowdon and Darlene Crawford of the Seldovia Native Association have proven not only to be gracious women and men, but people who understand the true meaning of friendship. It is a rare thing to see such honest sincerity in this corporate and/or cosmopolitan world.

Being a Chemical Dependency Counselor and Prevention Specialist has been a very fulfilling job. Returning to the work has given me fellowship, fun and a sense of normalness with a new purpose.

I graduated this year from the Rural Human Services Program, that the SVT sponsors and added the Behavioral Health Aide II to my set of skills.

Once again the interest and support of the Seldovia Village Tribe Officers promotes the advancement of our skills in our chosen profession. I am proud to announce that I have been chosen to continue with my Social Work Degree in a new program provided by the University of Alaska, that SVT is allowing me to participate in.

What a great bunch of positive and professional people to be associated and work with. Once again, I am back and excited about my future and please everyone keep up those annual breast exams.

By: Alene Hidecker



## Employment-TERO

### Prevention Activity Assistant

**Introduction:** The Seldovia Village Tribe is looking to hire an Activity Assistant

**Responsibilities:** This position will supervise all age activities such as, open swim, movie nights, crafts and other prevention activities as directed by SVT Program Coordinator. • Implements special activities, programs and projects at B&G Club time. Person must be 18 yrs or older.

**Salary:** \$12 hr **Position** open until filled.

### Play Group Substitutes

**Introduction:** The Seldovia Village Tribe is looking to hire fill-ins for staff who may be on training, sick or have other appointments to meet.

**Responsibilities:** This on call position will Supervise children, ages newborn and up, at Seldovia Village Tribe's Playgroup when regular employees are unavailable for duty. Must provide or be willing to obtain First Aid/CPR certification and Criminal Background check required.

**Salary:** \$9.50 **Position** Part time/on call

### Grant Writer/Public Relations

**Purpose of Position:** This Position will be responsible to research grants that enhance SVT's current programs, write funding applications, prepare continuation applications on established grants, along with submitting grants via grant.gov. Will also be responsible to Plan and direct public relations programs designed to create and maintain a favorable public image for the Seldovia Village Tribe.

**Nature of Work:** Research grants, write funding applications, prepare

grant applications for submittal, work with SVT department heads to identify and prioritize project needs. Public Relations will use all forms of media and communication to build, maintain and manage the reputation of the Seldovia Village Tribe. Perform other duties as assigned.

**Knowledge & Experience:** Knowledge of grant application process and writing of applications, knowledge of various grant programs available to Tribes, Good organizational skills, Able to write and communicate orally, ability to work under pressure to meet deadlines of grant opportunities,

**Qualifications:** BA in English or related areas, Experience in grant writing, Computer skills to be fluent in Mac & PC computers, Experience in Microsoft Office (word & excel)

**Salary:** DOE, 35hrs per week **Position** open until filled.

**For more information or a full job description please contact Trinket Gallien @ (907) 234-7898 ext. 223.**



## Food Distribution Program

Seldovia Village Tribe's Food Distribution Program is a federal program that provides commodity foods to low-income Native American and non-Native households residing in the Seldovia area.

Each month participating households receive a food package to help them maintain a nutritionally balanced diet. Participants may select from over 70 products.

Application for this program are available at the SVT Admin Office from Debbie Hecks CHR (907) 234-7898 x. 230.

## Changing of the Guard continued...

The changing of the Guard, took place when Crystal Collier was unanimously voted President/CEO by the Tribal Council members during their regular meeting in May 2008.

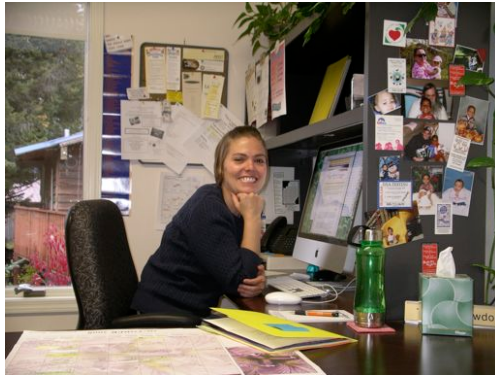


*Crystal Collier Seldovia Village Tribe President/CEO.*

I am very honored to represent the Tribe as the President/CEO. As the CEO for the past 20 years, I continue to look forward to serving you by expanding our programs and developing new ones. Our health care program has the fastest growth at this time. We have three clinics in operation, in Seldovia, Homer and Anchor Point. Recruiting health care providers is an ongoing challenge. Encouraging our tribal members to consider a career in the health field is important. As we enhance our services and develop new, our goal is serving you. I would personally thank Don Kashevaroff for all of the leadership he has provided over the years, he has been a great mentor.

## Energy Assistance 2008

Seldovia Village Tribe has applications for 2008 Energy Assistance. Those Native households residing in the Seldovia area that are having trouble meeting their heating & electric bills this winter are welcome to apply. For an application contact Debbie Hecks @ 234-7898 ext. 230 or come to the Administrative Offices Monday-Friday 9am-5pm.



## Prevention Program Coordinator

*Tribal Member Tamara Bowdon has joined our team at the Seldovia Village Tribe.*

I have recently moved back to Seldovia to raise my two kids, Elijah 5 years old attending Kindergarten, and Tyra 3 years old is attending Head Start. On August 4, 2008, I started working for the Seldovia Village Tribe as Prevention Coordinator and look forward to working with the community and youth of Seldovia. I was born and raised here and moved away shortly after my high School graduation to attend college and do some traveling. I attended college in Michigan and then graduated from the University of Alaska Anchorage in 1999 with a degree in Psychology. In my free time I traveled around Europe, Mexico, the US and stopped to live and work in Michigan, Florida, Washington State and Oregon. Most recently I was living in Anchorage working for the State of Alaska as the Manager for the State of Alaska Genetics Program. My family is excited about the move to be near Grandpa and Grandma, riding bikes, hiking, camping, fishing and attending school.

– Tamara Bowdon



## Red Ribbon Week

October 27th-30th 2008

SVT Prevention program in conjunction with Boys & Girls Club and Susan B. English School sponsored another successful Red Ribbon Week. Tamara Bowdon Prevention Coordinator conducted the following list of activities through out the week.

**Monday:** “Crazy about being drug free” Crazy Hair Day. After school activity Hands Down on Drugs Banner. (pictured above)

**Tuesday:** “Turn your back on Drugs” Wear Clothes Backwards. Kids wrote essays “What’s your reason for being Drug Free?” After school activity-Red M&M Re-lay.



**Wednesday:** “Dress for Success” Dress up day. After school activity Red Balloon Popping Contest.



**Thursday:** “Stomp out Drugs: Boot Day After School activity Bobbing for Red Apples.

**Friday:** “Red Ribbon Pledge to be Drug Free”. Red T-Shirt Day. After school activity B&G Club Party.

## Addresses Needed for Tribal Members

Attention friends & families, If anyone has a current address of the following people please contact our office with the updated address ASAP. These Tribal Members are missing out on important Tribal information. It is very critical that each member has the opportunity to VOTE during the 2009 Tribal Council Election in February. Thank you for your HELP!!!

|                    |                        |
|--------------------|------------------------|
| Robert Agli        | Elizabeth Bieri        |
| Beau Brady         | Coby Brodigan          |
| Ralenda Cooper     | Michael Diamond        |
| Rose Duncan-Garcia | Robert English IV      |
| Michael Francisco  | Robert Francisco       |
| Susan Gibson       | Charles Gilligan       |
| Terry Gilligan     | Dawn Hernandez Robledo |
| Chis Honegger      | Laura Hoffman          |
| Ann Marie Jewell   | Ed Kehl                |
| Jennifer Markey    | Harriet McKnight       |
| Stephanie McKnight | Jennifer McKnight      |
| Alice Moonin       | Barbara Moonin         |
| Elmer Moonin       | Gwen Moonin            |
| Jean Moonin        | Judy Moonin            |
| Saleina Epperson   | Max Ollestad           |
| Thad Peppinger     | Charles Rednall        |
| Sidra Rednall      | Elizabeth Scarlett     |
| Richalyn Slater    | Kaia Smith             |
| Sidney Torgamsen   | Roger Wallin Sr.       |



Seldovia Village Tribes Jams, jellies and vinaigrettes, are but a few of the specialty food items that have been produced by Alaska Tribal Cache over the past ten years. To celebrate this anniversary, and to better reflect the nature of its product name, Alaska Tribal Cache has changed its name to

### ALASKA PURE BERRY

We pleased to offer a refined product line of high demand specialty foods that includes Blueberry and Salmonberry Vinaigrette, Blueberry Jam and Salmonberry Jelly, Sugar-free Blue

berry Jam, Sugar -free Salmonberry Jelly, Low Bush Cranberry Sauce, and a Fireweed Pepper Jelly. Alaska Pure Berry's blueberries are among the highest on earth in terms of their ORAC value (ORAC is a useful value for comparing a food's antioxidant content. Antioxidants are molecules that can prevent oxidation, a chemical reaction that can damage human cells.) Alaska Pure Berry's wild blueberries have an ORAC value of 13,427. By comparison, the top twenty products with high ORAC values are in the range of 3,900 (green apples) to 13,727 (small red beans).



SVT is very excited about our new look, this process has been a long and very educating experience for us all here at SVT. Please find attached an order form for the Holiday Season. Whether you order for yourself, friends or family to enjoy.



*Bear Tested and Approved!*

Copyright 2008 Alaska Pure Berry



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